

SATURDAY, July 11th						SATURDAY, July 11th					
boys						girls					
time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 - 2012	U 15 - 2011	time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 2012	U 15 - 2011
09:00						09:00	LJ Q A				
09:00						09:00	LJ Q B				
09:05						09:05	60m Heat 1				
09:10						09:10	60m Heat 2				
09:15						09:15	60m Heat 3				
09:20						09:20	60m Heat 4				
09:25						09:25	60m Heat 5				
09:30						09:30		60m Heat 1			
09:35						09:35		60m Heat 2			
09:40	60m F					09:40					
09:45		60m F				09:45					
09:50			60m F			09:50		LJ Q A			
09:55				60m F		09:50		LJ Q B			
10:00					60m F						

time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 - 2012	U 15 - 2011	time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 2012	U 15 - 2011
16:00						16:00					
16:00						16:00					
16:05	VTX F		VTX F			16:05		VTX F	VTX F		
16:10						16:10					
16:15						16:15					
16:20						16:20	60m F				
16:25		HJ F	HJ F			16:25		60m F			
16:30						16:30			60m F		
16:35						16:35				60m F	
16:40						16:40					60m F
16:45						16:45					
16:50						16:50					
16:55	600m F					16:55					
17:00	LJ F	LJ F	LJ F	LJ F	LJ F	17:00	600m F1				
17:05						17:05	600m F2				
17:10						17:10					
17:15						17:15					
17:20		800m F				17:20					
17:25			800m F			17:25					
17:30						17:30		800m F			
17:35						17:35			800m F		
17:40						17:40					
17:45						17:45			HJ F		HJ F
17:50						17:50	VTX F				
17:55						17:55					
18:00						18:00					
18:05						18:05					
18:10						18:10					
18:15						18:15					
18:20						18:20					
18:25						18:25					
18:30						18:30			LJ F (9)	LJ F (3)	LJ F (1)

SUNDAY, July 12th						SUNDAY, July 12th					
boys						girls					
time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 - 2012	U 15 - 2011	time	U 11 - 2015	U 12 - 2014	U 13 - 2013	U 14 2012	U 15 - 2011
09:00						09:00				80m HU F	SP F
09:05						09:05					
09:10						09:10					
09:15				100m HU F		09:15					
09:20						09:20					
09:25	150m F					09:25	HJ F	HJ F			
09:30						09:30		150m F1			
09:35						09:35		150m F2			
09:40						09:40			150m F	JT F	JT F
09:45			150m F			09:45					
09:50						09:50					
09:55				300m F		09:55					
10:00					300m F	10:00					
10:05						10:05				300m F1	
10:10						10:10				300m F2	
10:15						10:15					300m F
10:20						10:20					
10:25				1500m F		10:25					
10:30						10:30					
10:35					1500m F	10:35					
10:40						10:40					
10:45						10:45	LJ F	LJ F		1500m F	
10:50						10:50					
10:55						10:55					1500m F
11:00						11:00					
11:05						11:05	Relay 4x 60m				